

**Teacher resource**

**Extra activity ideas**

**and websites**

These activities are designed to reinforce learning and help pupils who have worked through the *Life. Live it.* resource to share what they have learnt. In addition, pupils will learn about humanitarian activities such as volunteering and donating through finding out about the Red Cross.

The activities also support the wider curriculum including SMSC (England), Curriculum for Excellence (Scotland), PSE (Wales) and Learning for life & work (Northern Ireland).

**Pupil activities suitable for age 6–11**

* Present an assembly and invite parents to find out what has been learnt about first aid. You can also show some of the role-play scenarios.
* Design A5 or A6 ‘micro posters’ which warn about watching out for hazards. The posters can be created using ICT and displayed around the school. The posters could also summarise how to deal with emergencies.
* Visit the Red Cross website to find out what the Red Cross does, about its history and how it raises money.
* Consider supporting the Red Cross through fundraising; children can brainstorm creative ideas for this. A fundraising alphabet of ideas can be found by visiting [redcross.org.uk/Get-involved/Opportunities-for-young-people/Power-of-humanity/Fundraising-alphabet](http://www.redcross.org.uk/Get-involved/Opportunities-for-young-people/Power-of-humanity/Fundraising-alphabet).

**Pupil activities suitable for age 7–11**

* Devise a quiz for another class, to help them learn about first aid and the key actions to take in an emergency.
* Think about what action you can take to prepare for an emergency. Pupils can make a mini action plan of three things they will do differently now that they have worked through the *Life. Live it.* programme.
* Pupils can consider what they have learnt from the *Life. Live it.* programme by drawing a picture of themselves and surrounding it with positive statements, which show what they can do and how they feel about it. The heading can be ‘First aid: I can…’
* Make a school first aid handbook based on the guidelines contained in this resource, with all classes contributing to illustrations.
* Design a web page for the school website. This can summarise the project and include details of what the pupils have learnt about first aid.It can include notes on how they and others will benefit from this learning in the future. Scanned samples of work, photos of practical activities and a link to the *Life. Live it.* site will ensure that parents and children visiting the school website can find out more about the programme.



**Extra activity ideas**

**and websites**

**Useful websites**

These websites contain more guidance on first aid; they may help to clarify issues for you and can also inspire you with ideas for other classroom activities with your pupils.

**For pupils:**

You might like to search children’s news websites for real-life stories about first aid. The following websites (and web pages) may be useful for this purpose:

**BBC Newsround**

* Three year old saves mum’s life: <http://news.bbc.co.uk/cbbcnews/hi/newsid_7620000/newsid_7627800/7627894.stm>

For teachers:

The following websites may help you to plan your lessons or get some more background information on first aid.

**British Red Cross**

* General information: [redcross.org.uk](http://www.redcross.org.uk)/firstaid
* The Red Cross emblem assembly kit: [redcross.org.uk/what-we-do/teaching-resources/assembly-kits/the-red-cross-emblem](http://www.redcross.org.uk/what-we-do/teaching-resources/assembly-kits/the-red-cross-emblem)

**NHS Choices**

* Accidents and first aid: [nhs.uk/Conditions/accidents-and-first-aid/pages/introduction.aspx](http://www.nhs.uk/Conditions/accidents-and-first-aid/pages/introduction.aspx)