





Food Miles - Teacher Resource

Ham & Pineapple Pizza Main Ingredients -	Travelled from -	Number of Miles Travelled -
Ham	UK	200
Pineapple	South America	6,100
Mozzarella Cheese	Italy	1,000
Cheddar Cheese	UK	200
Tomatoes	Spain	1,300
Garlic	Central Asia	6,000
Peppers	Mexico	5,300
Mushrooms	UK	200
Onions	Germany	800
Flour	UK	200
Olive Oil	Spain	1,300
Basil	India	5,000
Oregano	Russia	3,400
Black Pepper	India	5,000
Salt	Netherlands	600
Sugar	South Asia	5,000

Green ingredients are ones that could potentially come from the UK.