

ACTIVE LIVES: CHILDREN AND YOUNG PEOPLE SURVEY

ACADEMIC YEAR 2018/2019

OAKTREE SCHOOL,
ANYTOWN

Issued July 2019

TEMPLATE:
DUMMY DATA

ATTITUDES TOWARDS SPORT AND PHYSICAL ACTIVITY

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**PUPILS WERE ASKED
ABOUT THEIR ATTITUDES
TO SPORT AND PHYSICAL
ACTIVITY**

YEARS 1-2 ONLY

86% like or love
playing sport

94% like or love
being active

66% find sport easy

YEARS 3-6 ONLY

CONFIDENCE

**THERE IS NO DATA
AVAILABLE FOR
THIS METRIC**

PHYSICAL COMPETENCE

**THERE IS NO DATA
AVAILABLE FOR
THIS METRIC**

UNDERSTANDING

**THERE IS NO DATA
AVAILABLE FOR
THIS METRIC**

MOTIVATION

**THERE IS NO DATA
AVAILABLE FOR
THIS METRIC**

**HAVE YOU
CONSIDERED?**

What can be done to help increase pupil's understanding of why sport and exercise is good for them?

TEMPLATE:
DUMMY DATA

FEELINGS OF HAPPINESS

Means scores from answers given on a scale of 0-10, where 0 is low and 10 is high



How happy did you feel yesterday?
(years 3-6 only)

THERE IS NO DATA AVAILABLE FOR THIS METRIC



How do you feel today?
(years 1-2 only)



10%



24%



66%

HAVE YOU CONSIDERED?

How could PE & Sport help increase the overall wellbeing of your students?

The Government encourages all schools to promote healthy eating and provide tasty and nutritious food and drink. The school food standards require schools to provide healthy options by restricting foods high in fat, salt and sugar.

PROVIDING FOOD EDUCATION FOR ALL PUPILS

Teachers were asked which of the following they have in place

Pupils encouraged to support catering staff ✓

School grows food for on-site school meals

Professional development for teachers on food

Healthy eating is a curriculum priority ✓

Provide extra-curricular cooking clubs ✓

The school indicated that they provide the majority of the options presented

COMPLYING WITH SCHOOL FOOD STANDARDS

Teachers were asked which of the following they have in place

Contractual or annual assurance from caterer or local authority

Part of an award or accreditation scheme ✓

Training for catering staff ✓

Oversight from nominated school governor ✓

Complies to food standards throughout the day

Banned unhealthy items from packed lunches ✓

The school indicated that they provide some of the options presented

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HAVE YOU CONSIDERED?

Checking the government's guidance on [School Food Standards?](#)

Using [Public Health England's school resources](#) to encourage pupils to build healthier habits for life.

NOTES

The Active Lives Children and Young People Survey is an online survey carried out by Ipsos MORI. Each term, a number of schools are randomly selected to take part in the survey, with the aim of getting 100,000 children and young people in Years 1 to 11 to complete it each academic year. The survey runs on an annual basis. More information on the survey can be found on the Sport England website.

SURVEY TIMINGS

Fieldwork for the survey took place between 2nd January to 14th April 2019.

SAMPLE

xxx pupils from **xxx** classes completed the survey:

- **Xxx** pupils from **Year x**
- **Xxx** pupils from **Year y**
- **Xxx** pupils from **Year z**

NATIONAL REPORT

The national report by Sport England will be published in December 2019 and will be accessible via the Sport England website. That report will include data from the 2018/2019 academic year.

LIMITATIONS OF THE DATA

Due to the small numbers of pupils from [NAME OF SCHOOL] that have participated in the survey, it is not possible to make reliable comparisons between your school results and the national level data.

Any differences between groups may be down to the small sample sizes and may not be real differences.

NO DATA AVAILABLE FOR THIS METRIC

You may see this message in place of a chart or statistic. This is shown when there were fewer than 30 pupils or parents answering the question overall for the breakdown presented (e.g. boys and girls).

FURTHER INFORMATION

If you would like any further information about the results or survey, please contact your Active Partnership. ([Web link to Active Partnership](#))

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