

At a glance...
The Active Lives Survey
The Healthy Schools Rating Scheme
The Healthy Schools Award

School is randomly selected by Sport England to participate in Active Lives Survey

OR

School volunteers to take part and contacts the local Active Partnership:
anna.oleary@livingsport.co.uk

1. Complete online:

- Student survey (minimum 30 responses)
- Teacher survey
- Parent survey (only if Y1&2 are requested to participate)

2. Receive a bespoke report on:

- Physical literacy
- Swimming proficiency
- Well-being
- Self-efficacy
- Levels of social trust

4. Receive a rating – bronze, silver, gold – based on the responses to the online survey

3. Gain access to The Healthy Schools Rating Scheme (an online teacher survey only) covering four key areas of assessment:

- Food Education
- School Food Standards
- Physical Education
- Active Travel

5. Notify Ofsted about the rating achieved (optional) and promote participation in the scheme as evidence of the provision to pupils

6. Cross reference the outcomes of the Active Lives Survey and the Healthy Schools Rating Scheme to the standards for the local award to achieve Healthy Schools status