

**PERSONAL WELL-BEING – DRUG EDUCATION**

**YEAR 11 LESSON 5 Risk**

**TITLE Using a young person’s drug and alcohol service**

**KEY CONCEPTS**

- ◆ Understanding that self-esteem can change with personal circumstances.
- ◆ Understanding that there is help and support available.

**KEY PROCESSES**

- ◆ Use knowledge and understanding to make informed choices about safety, health and well-being.
- ◆ Develop self-awareness by reflecting critically on their behaviour and its impact on others .

**CONTENT**

- ◆ 2 short taped interviews of young people who have used Project 28 – the Young People’s Drug and Alcohol Service in B&NES - exploring how the young people got into drugs, what motivated them to get help , how they were helped and what is happening in their lives now

**LEARNING OUTCOMES**

*by the end of the lesson pupils will be able to:*

- ◆ Understand what can lead to drug misuse.
- ◆ Be aware of the types of support available locally and nationally.

**FUNCTIONAL SKILLS**

- ◆ ICT/English

**RESOURCES**

- Taped interviews – provided with this resource
- Worksheet
- Leaflets/websites/films for local support agencies

## LESSON PLAN

### Activity 1

- ❖ Tell the class they are going to hear 2 short taped interviews (about 8 minutes each) of 2 young people talking about their involvement with drugs, what happened to them and what support they got from their local young people's drug & alcohol service (Project 28)
- ❖ Give them one of the worksheets and ask them to consider a) how the young person got into drugs b) the help they got c) what difference it made to their lives d) their future plans (see also teachers' notes)
- ❖ Get them to jot down notes as they hear the recording. After the first recording discuss either first in pairs then in whole group or as a whole group .
- ❖ Do the same for the second recording.
- ❖ Ask them what impression they get of Project 28.
- ❖ What might have happened if the young people hadn't gone to Project 28?
- ❖ Give information about local young person's drug service.
- ❖ Finally get them to work in pairs to come up with one statement about P28 (or your local drugs and alcohol service) and one message for young people.

### Activity 2

- ❖ If time they could design their own flyer for a young person's drugs agency.