



### **National Contact Details**

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**The ASA currently supports:** Key Stage 1 & 2

There is a statutory requirement that swimming is delivered at primary school within Key Stage 2 that pupils should be able to swim a minimum distance of 25 metres unaided by the time they leave primary school. Some of the schools in your area may not be currently meeting this requirement so we urge you to challenge them, in order to make swimming and water safety an absolute priority for use of the funding.

The new curriculum reinforces this current provision with the following statement. All schools must provide swimming instruction either in Key Stage 1 or Key Stage 2. In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively such as front crawl, backstroke and breaststroke
- perform safe self-rescue in different water-based situations.

### **The Offer in Detail**

- If pupils are **not** being offered swimming as part of the PE curriculum then these funds should be utilised to address this immediately.
- Schools should investigate the achievement levels of their pupils and look at supporting those children who are not reaching the minimum standards. Booster lessons are an ideal solution, often referred to as 'Top Ups'.
- As well as normal learn to swim lessons, provide additional lessons around general safety in and around water. This essential component is sometimes overlooked in the delivery of school swimming but it is a statutory part of the national curriculum. Increasing knowledge and practice of water safety skills will save lives.
- Make sure schools are getting the best out of their teaching staff. We recommend that anyone involved in the delivery of primary school swimming should take the specialised National Curriculum Training Programme qualification as a minimum. Visit [www.swimming.org/asa/teaching-and-coaching/nctp](http://www.swimming.org/asa/teaching-and-coaching/nctp) call 01509 640 463 or email [nctp@swimming.org](mailto:nctp@swimming.org)
- Encourage them to make use of all the available resources that can support school swimming delivery, such as a Games Pack and the range of awards available through the ASA Award Scheme, visit [www.awardscentre.org](http://www.awardscentre.org)

We urge you to work with schools in your area to look carefully at the school swimming provision to address the decline in the number of children learning to swim. For more information on any of these areas please visit our website at [www.swimming.org/schoolswimming](http://www.swimming.org/schoolswimming) or email: [schoolswimming@swimming.org](mailto:schoolswimming@swimming.org)