

Safer Schools Newsletter/Key Stage 2

Week 1

Welcome to our Safer Schools weekly newsletter. In order for us to stay in contact we would like to share some important messages & information to keep you safe and well during these challenging times. Each week we will include activities for you to complete. Happy reading!!



Keeping safe

Playing games, chatting, and sharing photos and videos can be fun. If you ever feel worried, upset or scared about something that happens online, tell an adult you trust. They will be able to help you. Whatever happened, it's not your fault. Watch this short video to understand the importance of keeping your details private.

<https://www.outofyourhands.com/wp-content/uploads/2016/12/jigsaw-for-8-10-year-olds.mp4>

What is Band Runner? Featuring characters and safety messaging from the Play Like Share animated films, Band Runner is a fun game that puts children's knowledge about staying safe online to the test by asking them to help characters make safe choices.

<https://www.thinkuknow.co.uk/>

Did you know?

Do you have an electric scooter? Did you know that you are not allowed to ride it on the roads or pavements and are breaking the law – for more information, ask an adult to have a look at the link below.

<https://roadsafetygb.org.uk/news/government-fast-tracks-trials-of-electric-scooters/>



COVID Corner!

You and your family have been doing a great job in making sure we keep others safe and well by following the rules. It's been hard not being able to see family and friends and hopefully before too long things will start to feel better with some of you even back to school!

Social distancing - Remember to keep your distance, 2 metres away, imagine a door laid on the floor to separate you from people you don't know.

Wash your hands - 20 seconds, always use soap, make lots of bubbles. It's a good idea to have with you when you go out a small bottle of antibacterial gel/spray.

Now for a bit of fun!

Create some family history, make a time capsule – (attached to this e-mail)

Make your own facemask.

<https://www.bbc.co.uk/news/uk-52609777>

Brainercise, dancing, strength and mindfulness videos – as well as videos that are just for fun! www.youtube.com/user/GoNoodleGames/featured

We would love to hear your feedback & comments. You can contact the team via our email Schools&CYP@Cambs.pnn.police.uk

Call: **101**

Textphone: **18001 101**

Visit: www.cambs.police.uk

Follow:      **CambsCops**

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#safercambs

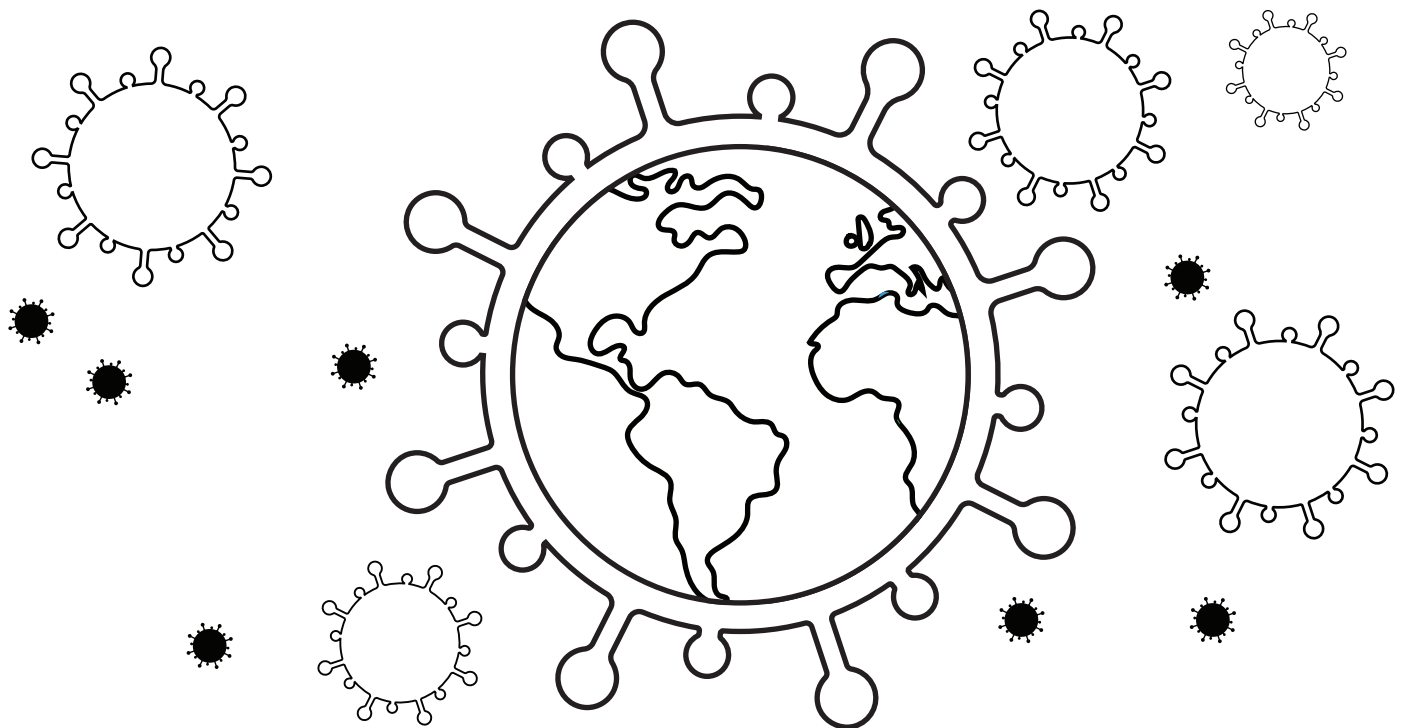
Next week

Passwords
are like
underpants!



Creating a safer
Cambridgeshire

MY 2020 COVID-19 TIME CAPSULE

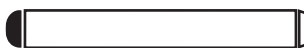


BY: _____

YOU ARE LIVING THROUGH HISTORY RIGHT NOW

TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

- | | |
|--|---|
| ☐ SOME PHOTOS FROM THIS TIME | ☐ ANY ART WORK YOU CREATED |
| ☐ A JOURNAL OF YOUR DAYS | ☐ FAMILY / PET PICTURES |
| ☐ LOCAL NEWSPAPER PAGES OR CLIPPING | ☐ SPECIAL MEMORIES |



DRAW A PICTURE OF THE PEOPLE YOU ARE SOCIAL DISTANCING WITH HERE

♥♥ ALL ABOUT ME ♥♥

I AM

YEARS
OLD

I STAND

INCHES
TALL

I WEIGH

POUNDS

SHOE SIZE

MY FAVOURITES

TOY: _____

COLOUR: _____

ANIMAL: _____

FOOD: _____

SHOW: _____

MOVIE: _____

BOOK: _____

ACTIVITY: _____

PLACE: _____

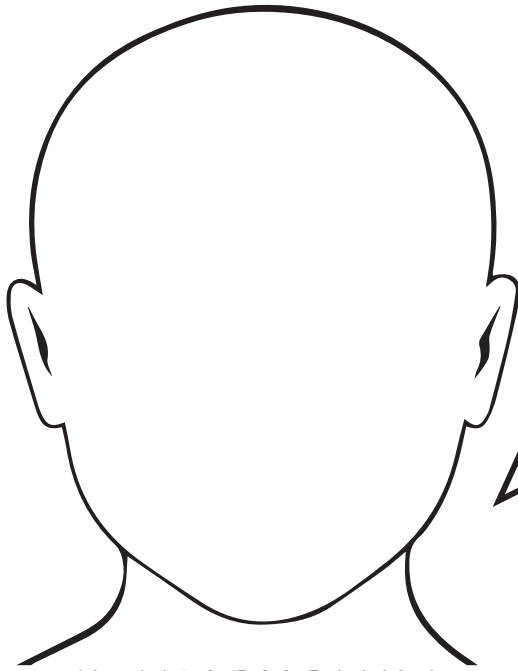
SONG: _____

MY BEST FRIEND/S:

WHEN I GROW UP I WANT TO BE:

DATE:

HOW I'M FEELING



HOW MY FACE LOOKS



I AM MOST THANKFUL FOR

WORDS TO DESCRIBE HOW I FEEL:

WHAT I HAVE LEARNT MOST
FROM THIS EXPERIENCE:

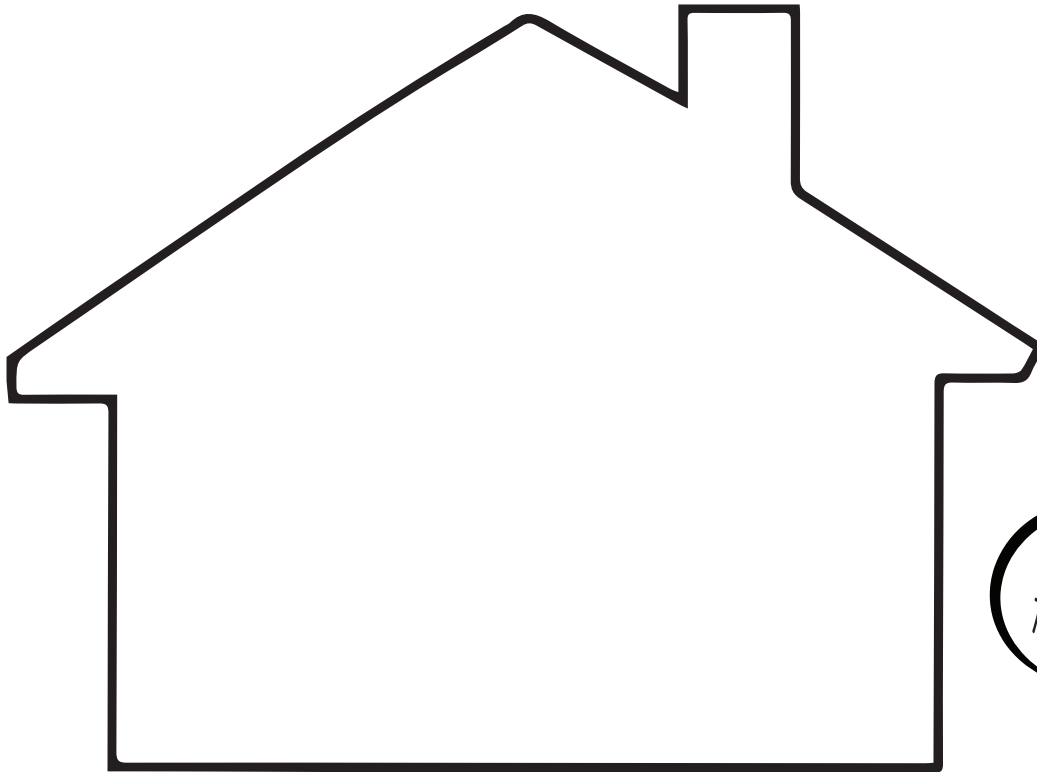
THE 3 THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER:

1

2

3

MY COMMUNITY



COLOUR THIS HOUSE
TO LOOK LIKE YOURS

WHERE I AM LIVING DURING THIS TIME:



WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN
OUTSIDE (e.g hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?



YOU ARE NOT STUCK AT HOME,
YOU ARE SAFE AT HOME!



WHAT I AM DOING TO
KEEP BUSY AT HOME:

OUR HANDPRINTS



PRINT THE HANDS OF ALL THE PEOPLE LIVING IN YOUR HOME
(IN DIFFERENT COLOURS) AND PLACE YOUR HANDS HERE



SPECIAL OCCASIONS

WHAT OCCASIONS DID YOU CELEBRATE DURING THIS TIME?
WRITE THE LIST DOWN HERE AND WHAT YOU DID TO CELEBRATE
(E.G. ST. PATRICK'S DAY, EASTER, BIRTHDAYS, ANNIVERSARIES)

EVENT	DATE	HOW YOU CELEBRATED

LETTER TO MYSELF

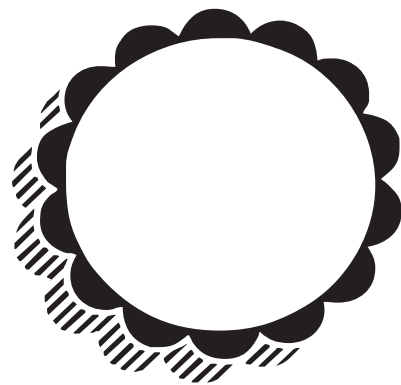
DEAR,

LOVE,

INTERVIEW YOUR PARENTS

WHAT HAS BEEN THE BIGGEST CHANGE?

HOW ARE YOU FINDING HOMESCHOOLING?



DAYS SPENT INSIDE

HOW ARE YOU FEELING?

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:

1. _____
2. _____
3. _____

WHAT ACTIVITIES/HOBBIES HAVE YOU MOST ENJOYED DOING?

WHAT ARE YOU MOST THANKFUL FOR?

WHAT TV SHOW YOU WATCHED : _____

YOUR NEW FOUND FAVOURITE INSIDE FAMILY ACTIVITY:

FAVOURITE FOOD TO BAKE: _____

FOVOURITE TIME OF DAY: _____

GOAL/S FOR AFTER THIS:

LETTER FROM YOUR PARENTS

DEAR,

LOVE,

Back to school safety and activities



Get ready for the road



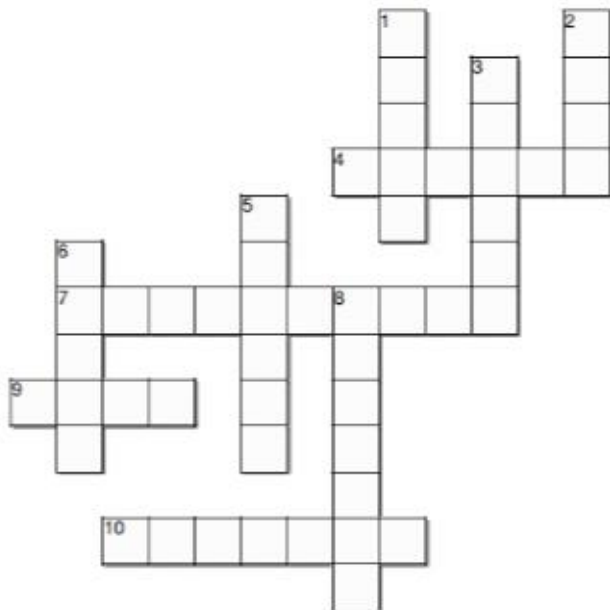
- Check that your bike is the right size: sitting on the saddle you should be able to touch the ground with one foot.
- Make sure that your clothes don't get in the way and that they are suitable for the weather.
- Hi-viz clothing is widely available and can make you more visible.
- Wearing a cycle helmet may reduce the risk of serious injury.
- When wearing a helmet you must make sure that it fits snugly and is level.
- If it is dark make sure that you have working lights: white at the front and red at the back.
- Don't carry things on your handlebars as this can affect steering. Use a rucksack or panniers.



Bike Safety Makes it Fun to Ride



Complete the crossword below



chain

signals

handlebars

tires

bicycle

laws

helmet

bike

brakes

pedals

Across

4. The rider pushes the _____ with his or her feet to make the bicycle go forward.
7. The rider uses the _____ to steer the bicycle.
9. The word _____ is short for bicycle.
10. The rider uses _____ to let others know that he or she plans to turn or stop.

Down

1. The _____ are filled with air and attached to the wheels to provide a smoother ride.
2. The rider must obey all traffic _____.
3. The rider applies the _____ to stop the bicycle.
5. A _____ should be worn to protect the rider's head.
6. When the rider pushes the pedals, the _____ turns the wheels.
8. A two-wheeled, human-powered transportation machine is called a _____.

Back to School



Word Search



T I H U O Y H I U J P Y B R K V B I S
M T O O C P M K C E S X Y O L D R M Y
L C A H Q B C R N K K V O O A H L A C
I G C S J A A S B O P B E D N N S R F
N R M S P Y U R R L E R Q I G K F K L
X R G K O S X O H T Q H U E U F C E K
E Q C N H U O C O I W W A B A F L R M
N A S V X B Y N Z F M Q I U G R U S E
B Z H L A L J H Z N Y G R D E H B U M
T N F Y T E A C H E R S E O A N S V A
E Q C L A S S R O O M B T S R I Q V T
L P E N C I L S X V N I E C T X D C H
B K S G L E A R N I N G F H S M K I R
R E C E S S U W D A A P A O X L S S A
E G N I D A E R R N B O C O E V X U M
S C I E N C E T P B U Y T L K S P M Q



art
backpack
bus
cafeteria
classroom
clubs
crayons

language arts
learning
markers
math
music
notebook
pencils

pens
reading
recess
school
science
teachers