

The Sense of Food Test



Look



Smell



Sound



Feel



Taste

		Look	Smell	Sound	Feel	Taste
Positive						
Name the food -						
Describe your reaction for each sense -						
Negative						
Name the food -						
Describe your reaction for each sense -						
		Sense Score (1 Bad—10 Good)				
Name of food 1 -						
How was it cut/ prepared/cooked -						
Name of food 2 -						
How was it cut/ prepared/cooked -						
Name of food 3 -						
How was it cut/ prepared/cooked -						

The Sense of Food - Word Bank



Look



Smell



Sound



Feel



Taste

Look	Smell	Sound	Feel	Taste
Delicious	Fresh/Stale	Loud/Faint	Cold/Warm	Strong/Weak
Greasy/Dry	Strong/Delicate	Crunchy/Squishy	Hard/Soft	Sweet/Salty
Flaky	Appealing/ Off-putting	Artificial/Natural	Bumpy/Smooth	Bitter/Sour
Speckled	Spicy	Fizzy	Sticky	Juicy
Slimy	Smelly	Squeaky	Mushy	Bland
Rubbery	Smokey	Watery	Grainy	Chewy