



**Cereal**



**Cheese**



**Tinned  
Vegetables**



**Bread**



**Sausage  
Rolls/Pies**



**Crisps**



**Bacon**



**Biscuits**



**Sausages**



**Water**



**Eggs**



**Chicken**



**Potatoes**



**Nuts**



**Honey**



**Fish**



**Baked Beans**



**Chips**



**Pulses/Beans**



**Frozen  
Vegetables**



**Rainbow Carrots**



**Fruit**



**Seeds**



**Vegetables**



**Salad**



**Fruit Juice**



**Milk**