**Cambridgeshire Fire and Rescue Service**



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| **Key Stage** | **Type of Intervention** | **Description of Content** |
| **KS1** | Download of videos and content about the Fire Service with teacher/parent notes | Jet the Firefighting Dragon is targeted at Yrs 1- 3 and addresses Fire, Water and Beach safety though a video, story and a teacher/parent guidance pack. Find out more here:[Come and play! (cambsfire.gov.uk)](https://www.cambsfire.gov.uk/community-safety/come-and-play/)[Objective (cambsfire.gov.uk)](https://www.cambsfire.gov.uk/media/3012/jet-teacher-and-parent-guidence.pdf) |
| **KS2** | Delivery in person or virtuallySafety Zone booklets to complete in conjunction with other services | Presentations are available for Fire, Water and Road Safety and cover the following:**Fire Safety:** Escape routes, testing smoke alarms, calling the fire service, not playing with fire, charging phones at night and knowing the home address.**Water Safety:** Float to live, throw lines, rescue techniques**Road Safety**: Crossing the road safely, bike helmets, blind spots and visible clothes. |
| **KS3-5** | Firebreak One – an intensive one-day training course delivered by members of the Fire and Rescue Service | A day’s training designed to promote resilience, healthy relationships, self-efficacy and aspirations. The training is held at a fire station and is targeted at students from Y7.To find out more about Fire Break One and costs:Contact: firebreakinfo@cambsfire.gov.ukCall: 08009179994Visit: [Firebreak One (1 Day) - Healthy Schools (healthyschoolscp.org.uk)](https://healthyschoolscp.org.uk/resilience/firebreak-one/) |
| **KS3-5** | Firebreak Five – an intensive five-day intervention programme delivered by members of the Fire and Rescue Service | This programme combines classroom-based learning with practical activity to develop skills around teamwork and relationship building and to encourage active and responsible community engagement. The programme (based at a local fire station) is targeted at young people between the age of 10 – 18 who are struggling to achieve within the traditional education framework.To find out more about Firebreak Five and costs:Contact: firebreakinfo@cambsfire.gov.ukCall: 08009179994Visit: [Firebreak (5 Day) - Healthy Schools (healthyschoolscp.org.uk)](https://healthyschoolscp.org.uk/resilience/firebreak/) |