

What To Do

Advise pupil to seek support from GP

Ensure pupil is aware of confidentiality

Sympathy, empathy and listen to them

The pupil may respond with anger so be prepared

'The Conversation'

Do's & Don'ts

- | | |
|---|--|
|  Actively listen to the pupil |  Don't make a promise |
|  Respond non-judgmentally |  Don't share personal experience |
|  Give the pupil time to open up |  Don't make comments regarding food |
|  Demonstrate compassion, empathy and respect |  Don't make comments regarding body image |

Who To Contact

- Confidentiality & Consent --> If the pupil is **11 or younger**, than consent to have additional conversations must be obtained from their legal guardian. If they are **12+** and have the 'capacity' to understand the support plan, they can give consent. If they are **16+** than they can give consent to treatment.
- Once consent is obtained, those who may need to be informed are as follows; **Designated Safeguarding Member of Staff, Student Welfare Manager, Legal Guardian** and external agencies (**GPs, CAMHS** or an **Eating Disorder Service**).
- The above agencies may change dependent on **who the pupil would like to be involved.**