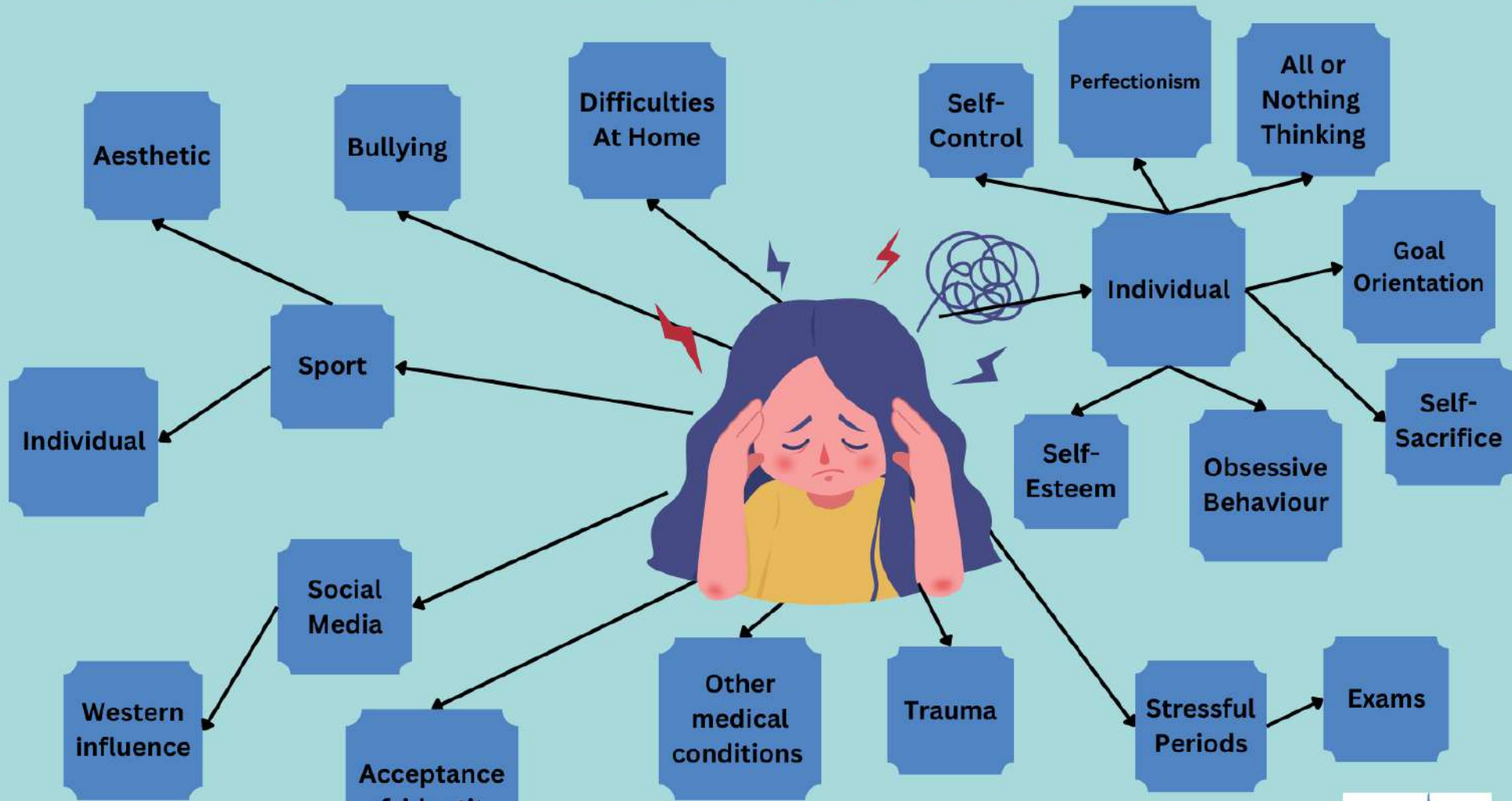


Potential Triggers / Stressors



REMEMBER - THIS LIST STATES SOME EXAMPLES, YOU DON'T NEED TO EXPERIENCE ANY OF THE ABOVE TRIGGERS AND CAN STILL DEVELOP AN EATING DISORDER!