**Free NSPCC safeguarding programme helps children and young people in Cambridgeshire and Peterborough to stay safe from abuse**

Speak out Stay safe is a safeguarding programme offered by children’s charity the NSPCC for children aged 5 to 11 years old. It is available **free** to all primary schools across Cambridgeshire and Peterborough.

It helps children, in an age-appropriate way, to understand:

* abuse in all its forms and how to recognise the signs
* that abuse is never a child’s fault and that they have the right to be happy and safe
* where to get help and the sources of help available to them, including the NSPCC’s [Childline service](https://www.childline.org.uk/get-support/contacting-childline/)

Delivered virtually, the programme includes video assemblies and supportive resources for use in the classroom and there’s also a BSL version for deaf children, as well as a version that has been adapted for those with special educational needs and disabilities.

[Speak out Stay safe programme | NSPCC Learning](https://learning.nspcc.org.uk/services/speak-out-stay-safe)

For further information about how your school can take part in Speak Out, Stay Safe please contact [janina.taylor@nspcc.org.uk](mailto:janina.taylor@nspcc.org.uk) or sign up via the QR code below



The NSPCC also offers advice and support for professionals via their Helpline **on 0808 800 5000**