



South Cambs

School Sports Partnership

Subscription Package 2023/2024



We work with schools, wider partners and organisations to:

- Upskill school staff with the confidence, skills and knowledge to deliver high quality Physical Education, physical activity and school sport
- Deliver programmes that build young people's competence, confidence and life skills and support whole school priorities
- Provide opportunities that promote physical and mental health & wellbeing
- Deliver inspiring, fun and inclusive physical activity and sport experiences for all young people



HEALTHY • HAPPY • ACTIVE



South Cambs

School Sports Partnership

The opportunities detailed below are available to all member schools as part of our 'Core Provision' for 2023-24.

Core Provision*

£950*

Competitions & Events

- Unlimited participation in an extensive programme of competitions and events for pupils in Years 3-6
- A wide range of experiences to cater for children with different needs and support the wider development of young people
- Events for pupils with additional needs or a disability (SEND)
- Certificates, medals, awards and trophies provided

Physical Activity Campaigns

- Termly events or campaigns to get pupils, staff and families more active
- Helping to increase physical activity and promote health and wellbeing
- To include an annual Santa Dash, Skipping Week, Friendship Run and Healthy Selfie

Termly Networking Events

- A local network for PE subject leaders offering guidance and support
- National & local updates, specialist PE advice, access to resources, sharing of good practice
- Support in gaining national recognition for your PE and Sport programme

Training Courses & Workshops

Access to a comprehensive programme of SSP training courses, workshops and webinars organised to meet the needs of schools

Active School Workshop

A workshop delivered in your school for whole school staff exploring how to make your school day more active in order to boost children's health, improve behaviour and enhance academic achievement whilst supporting all pupils to achieve the recommended 60 minutes of physical activity a day.

Additional Opportunities

Through our work with national and local partners we will provide opportunities for your school to access a range of different programmes and initiatives to further improve children's physical and mental health and wellbeing and support your whole school priorities.

Examples include our work with the FA and Youth Sport Trust as part of the Barclays Girls Football School Partnership programme, connections with the Cambridgeshire Healthy Schools network and links with the Children & Young People team at Living Sport, National Governing Bodies of sport and local community clubs.

Equipment Loan

A range of alternative and inclusive sports equipment available for your school to borrow.

Website

Full access to website with online entry to competitions and courses, downloadable resources, information updates, competition reports etc

***Sign up by 28th April 2023 to receive the package for £950.**

Registrations after this date will be charged at £1,000.

Additional Opportunities

Physical Education -Whole School Improvement

Primary PE Specialist (PPES) Support

- A highly qualified and experienced Primary PE Specialist (PPES) in your school for half a day each week throughout the year. Working alongside your PE Subject Leader and directly with classroom teachers to improve the provision and quality of Physical Education across the whole school.

£6,300 per year / £2300 per term

Whole School Twilight CPD Training

- Tailored in-school training to meet your staffs needs and address challenges in teaching PE
- Topics include High Quality PE, Dance, Gymnastics, Outdoor Adventurous Activities, Swimming, Inclusive PE, Athletics or Invasion Games

£260

Subject Leader Support

- A Primary PE Specialist to provide personalised support with areas such as curriculum mapping, lesson observations, reviewing your schools current provision and action planning. Flexible delivery tailored to the needs of your school.

£350 per day

Access to SSP Training Courses

- For schools wishing to access more than 3 places on SSP training courses during the year you can pay a one-off fee to enable you to gain unlimited access

£200

PE & Physical Activity Enrichment

Top Up Swimming

- 6 x 45min Top Up swimming lessons to help targeted Year 5/6 pupils reach the Key Stage 2 swimming standards. All costs covered including transport, pool hire, instructors and certificates

Available from £500

Swimming Support

- An additional member of staff to assist with your school swimming lessons where a teacher needs support or there are a large number of weak/non-swimmers in a group

Available from £250

Balanceability

- An Early Years programme aimed at teaching Reception and Year 1 children the skills to ride a pedal bike without using stabilisers. Promoting the fundamental skill of cycling which is balance.
- 6 x 30min sessions with groups of upto 15 children. Delivered by a qualified instructor.
- All equipment & certificates provided.
- Optional 'bike leader' training for older pupils enabling them to lead lunchtime bike activities with the younger children

£265

Scootability

- A scooter programme aimed at teaching Year 1 and 2 children how to ride a two wheeled scooter safely and enjoy the freedom and fun that riding a scooter provides. Promotes balance, coordination and sensory integration and encourages active travel to and from school.

- 6 x 30min sessions with groups of up to 15 children.

- All equipment & certificates provided

£265

Team Building Activities Day

- A half day event using a variety of practical activities to develop pupils' problem solving, communication, teamwork & cooperation skills
- Suitable for year 4, 5 or 6 pupils
- Resource pack to support the activities provided

£290 one class (half day)

£440 two classes (whole day)

Midday Supervisor Training

- Staff training and resources to enable schools to manage their lunchtimes and encourage more young people to be physically active.

£220

Play Leaders Training

- Leadership training for pupils giving them the confidence and skills to lead and encourage active play at lunchtimes

- Including resources, certificates and leaders vests.

£200

Playground Games Equipment Pack

- A bumper pack of playground games and equipment selected to develop children's skills for movement, co-ordination and group play.

- Including activity cards & play leader vests

£350

Additional Opportunities continued

5-a-day Fitness

- Annual subscription to 5-a-day fitness, a fun online fitness resource with fully demonstrated 5-minute exercise routines and language learning resources designed specifically for projection onto classroom whiteboards.

£250

- Home access, enabling pupils to access your schools 5-a-day account from home. Encouraging 30 active minutes beyond the school day.

£50

Yoga for Kids

- Yoga is a great activity for children, helping to develop core strength, posture, balance and coordination whilst also improving children's concentration and emotional wellbeing. Yoga is also a great stress buster with simple breathing techniques helping to calm the mind.
- Suitable for EYFS, KS1 and Lower KS2 children.
- Sessions are delivered through story telling and role play to engage children and make yoga fun.
- Stories can be tailored to your school's topic work
- 6 x 40 min sessions with a whole class
- Delivered by a trained teacher in curriculum or extra-curricular time.
- Discount available for multiple classes

£420

Mini Medics First Aid

- Mini Medics is an introduction to First Aid, including CPR and Defibrillation, aimed at children between the ages of 8 and 11.
- The course is 3 hours in duration for up to 16 children and includes educational, theoretical and practical sessions.
- Delivered by a qualified First Aid Trainer.
- Pupils receive a certificate on completion of the course.
- Flexible delivery to meet your school's needs.

£280

Inspirational School Visits

Sporting Athlete Visit

An inspirational full-day visit from a sporting athlete who will deliver a motivational whole school assembly to inspire young people to achieve their best, build resilience and improve wellbeing.

They will explain how their sporting journey taught them valuable life skills. Also including practical workshops which will build on the messages from the assembly. These can be for all children or tailored for a targeted group.

Past visits have featured a BMX world champion, a skipping world record holder, scooter champion, inline skater or skateboard coach.

from £520

Event Days

We can deliver various different whole school event days. Children experience a range of activities with a focus on personal best and the promotion of values such as teamwork, respect, determination or the development of wider outcomes.

The day can be based on themes to suit your needs, for example:

- Alternative sports e.g archery, dodgeball, tri-golf
- Inclusive activities e.g boccia, New Age Kurling
- Health & Wellbeing
- Yoga & Mindfulness
- Orienteering
- Quidditch

£440

Sport Stacking Event Day

An individual and team sport that involves stacking nine or twelve cups in pre-determined sequences as fast as you can.

An event day is a great way to introduce sport stacking to your pupils with our team working with groups of children focusing on PE based activities which practice stacking sequences and get the children moving and active.

£375

If there are any other services or support you would like for your school, please do not hesitate to contact us.

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