**Free NSPCC safeguarding programme helps children and young people in Cambridgeshire and Peterborough to stay safe from abuse**

Speak out Stay safe is a safeguarding programme offered by children’s charity the NSPCC for children aged 5 to 11 years old. It is available **free** to all primary schools across Cambridgeshire and Peterborough.

It helps children, in an age-appropriate way, to understand:

* abuse in all its forms and how to recognise the signs
* that abuse is never a child’s fault and that they have the right to be happy and safe
* where to get help and the sources of help available to them, including the NSPCC’s [Childline service](https://www.childline.org.uk/get-support/contacting-childline/)

Delivered virtually, the programme includes video assemblies and supportive resources for use in the classroom and there’s also a BSL version for deaf children, as well as a version that has been adapted for those with special educational needs and disabilities.

[Speak out Stay safe programme | NSPCC Learning](https://learning.nspcc.org.uk/services/speak-out-stay-safe)

For more information or questions about these programmes contact the local School Co-ordinators:

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